

Public Forum
Mar 27th (Sat),
12.30pm,
West Point Hospital (Seminar Room)

Home Emergencies

Are You Prepared for the Unexpected?



Join us on the 27th March and find out from our medical doctor on how you should react to the emergencies.

Through live demonstrations, learn about the basic first aid techniques for stabilizing the condition before help arrives.

12.30pm	Registration & tour of West Point Hospital
1.00pm	What to Do During Emergencies at Home? Speaker: Dr Teng Po Ming Resident Medical Officer, West Point Hospital MBBS (S'pore), MRCS (Edin), MMED Surgery (S'pore)
1.45pm	Q & A
2.00pm	Course Introduction for Caregiver Program By ECON Careskill Training Centre (ECTC)
2.05pm	Health Checks - Body Fat Analysis - Body Mass Index (BMI) - Blood Pressure
	Refreshments



Registration fee: \$5.00 per person (inclusive of refreshments and goodie bag).
Call us at **6496 1344 / 9223 6268** or email enquiry@westpointhospital.com for registration.

Terms & Conditions: Seats availability on a first-come-first-served basis / Programme subject to change without prior notice / ECON resident's family member enjoys one free registration.

Please turn over for more information.



98 from Lakeside MRT Station
 30 from Boon Lay MRT Station
 240 & 246 from Lakeside MRT Station (Across the station)

Yes, I would like to receive regular updates on upcoming health talks or related health information.

Name : _____

Contact No. : _____

Email Address : _____

Address : _____

Please bring along this slip for registration. Alternatively, you may email your details to enquiry@westpointhospital.com or fax to 6262 5859.