

ADVERTISING FEATURE

Providing the First Integrated Community Healthcare System



A New Look, A New Role

West Point Hospital is sporting a fresh new look, and it's one that's taking it closer to the community. Having been recently renovated, the Hospital now exudes a warmer and cosier ambience. More importantly, it has begun offering greater choice and convenience to patients in its new role as an acute and rehabilitation hospital.

Full Suite of Dedicated Services

As the only private hospital in Singapore with both acute and convalescent licences, Westpoint Hospital is well placed to provide a comprehensive suite of services to the residential and business communities that it serves.

A round-the-clock accident and emergency unit, complete with a 24-hour outpatient clinic, provides general medical and specialist services. Patients also have ease of access to doctors from different specialty areas, including respiratory, orthopaedic and ENT. More specialist services are in the pipeline, such as cardiology, gastroenterology, oncology and eye clinics, and even a Traditional Chinese Medicine clinic. Patients can use their CPF Medishield for these services.

24-Hour Outpatient Services

- Accident and Emergency
- Day surgery
- Outpatient consultation
- Specialist referral and consultation
- Vaccinations
- Ambulance services
- Retail pharmacy

Inpatient Services

- Intensive Care Unit
- Step-down rehabilitation therapy
- 24-hour in-house medical care

Diagnostic Services

- Laboratory tests (24-hour)
- Radiology services (24-hour)
- Executive health screening

Rehabilitation and Physiotherapy Services

- Back care management
- Cardio-pulmonary rehabilitation
- Chest physiotherapy
- Home-based rehabilitation
- Incontinence management
- Orthopaedic rehabilitation
- Pain management
- Speech and occupational therapy
- Therapeutic exercise
- Wound management
- Traditional Chinese Medicine

Call Hotline: 6262 5798 for an appointment.

As a 58-bed hospital, the Hospital not only offers in-patient care for those with medical and surgical conditions but also a wide range of facilities tailored towards rehabilitative recovery or step-down convalescent care.

Committed Team of Professionals

West Point Hospital's team of experienced doctors, nurses and physiotherapists are qualified healthcare professionals committed to providing the best care and a highly personalised service. As part of the Hospital's patient-centric culture, nurses are well-equipped with knowledge of each patient's rehabilitative programme, thus ensuring that patients continue to be taken care of when back in their wards.

Towards Integrated Community Care

As a fully-owned subsidiary of China Healthcare Limited, West Point Hospital is well positioned to leverage the nursing, home care and mobile medical services provided by the China Healthcare Group for an integrated community healthcare system.

Patients discharged from the Hospital but who still require nursing care can be transferred to any of ECON Medicare Centres and Nursing Homes located islandwide. Or they can opt to recuperate at home through ECON Home Care Services and Miledoctor.

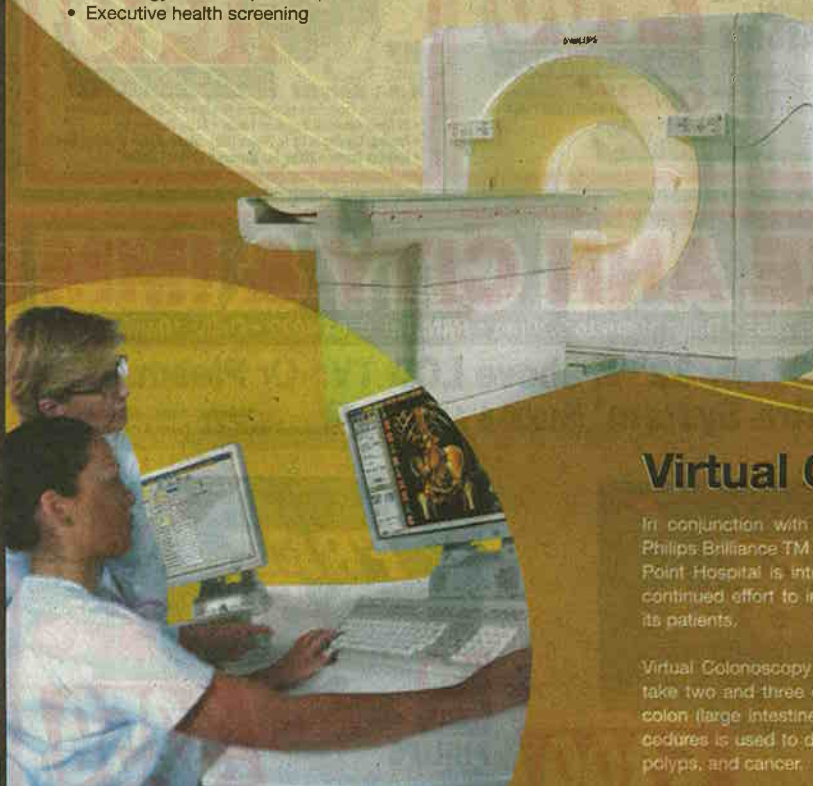
Getting to West Point Hospital West Point Hospital is ideally situated amidst the tranquil surroundings of Jurong Lake.

West Point Hospital
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Tel: +65 6262 5858
Fax: +65 6262 5859
Email: enquiry@westpointhospital.com
Website: www.westpointhospital.com

Bus Services: 30, 98, 154, 240, 246
Nearest MRT Station: Lakeside



中国医疗保健有限公司
CHINA HEALTHCARE LIMITED



Philips Brilliance™ CT 16-Slice Configuration CT-Scanner

Virtual Colonoscopy

In conjunction with West Point Hospital's purchase of a new Philips Brilliance™ CT 16-Slice Configuration CT-Scanner, West Point Hospital is introducing Virtual Colonoscopy as part of its continued effort to improve its services and better the needs of its patients.

Virtual Colonoscopy uses Computed Tomography (CT) Scan to take two and three dimensional images along the length of the colon (large intestines) and display them on a screen. The procedure is used to diagnose colon and bowel disease, including polyps, and cancer.

Advantages of virtual colonoscopy include:

- No sedation is needed for Virtual Colonoscopy
- A clearer and more detailed image
- Virtual colonoscopy is not invasive.
- Shorter procedure time.

West Point Hospital is offering virtual colonoscopy at \$522.16 including doctor's review (inclusive of GST). West Point Hospital also has a pool of gastroenterologists as well as oncologist for further consult after Virtual Colonoscopy.

Colon Cancer and Colonoscopy

by Dr Wong Seng Weng, Visiting Consultant, West Point Hospital
Consultant Oncologist & Physician, Raffles Cancer Centre



As the commonest cancer causing death, lung cancer has shown a gradual decrease in frequency in recent years. On the other hand, cancer involving the large intestine, known as colon cancer, is on a rising trend. Colon cancer is now the second commonest cancer causing death in both men and women.

Common symptoms caused by colon cancer include abdominal pain or distension, change in bowel habits, blood in the stools, and loss of weight and appetite. Unfortunately, colon cancer may not cause any symptoms at all during the early stages of growth. As a consequence,

many cases of colon cancer are diagnosed late, when the likelihood of a cure is substantially lower than cases that are diagnosed early.

Screening for cancer is a strategy employed whereby cancers may be detected during the early stages of growth before any symptoms are felt and the appropriate treatment can then be administered, often with very good long-term results.

Colonoscopy is perhaps the most reliable method of screening for colon cancer. Colonoscopy is the imaging of the inner surface of the large intestine where cancers first develop. Colonoscopy can be done through the insertion of a camera mounted on a flexible tube and passed through the anus (optical colonoscopy) or through the use

of Computed Tomography ('CT') scanning (also known as virtual colonoscopy). Both techniques are highly reliable. Virtual colonoscopy is increasingly gaining acceptance in the medical community and popularity among the public due to the 'non-invasive' nature of the technique and the very low risk of complications.

Current guidelines set up by health authorities the world over – including the Ministry of Health, Singapore – recommend the use of colonoscopy as an option to screen for colon cancer for the general population who are at or above the age of 50 years. Individuals who are at particularly high risk of getting colon cancer due to pre-existing medical conditions or a strong family history of colon cancer may consider undergoing the screening procedure prior to the age of 50 years.